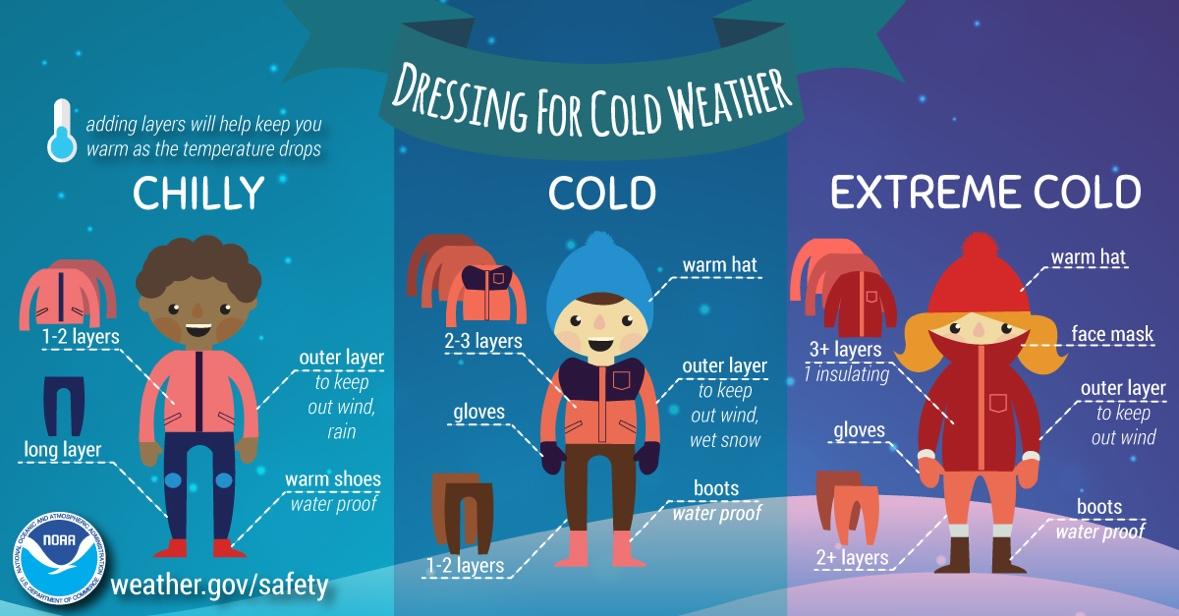


Checklist for Success:

* Backpack for all gear
* Warm, waterproof, sturdy footwear
* Hat, gloves/mittens, and hand warmers
* Scarf or neck warmer
* Windproof/waterproof/water resistant outer layer
* 1-3 base layers
* Long pants
* Sunscreen or other sun protection
* Lunch
* Water bottle



Please remember:

* There are no trash facilities at Merck Forest; we are a carry-in, carry-out facility.  If the group will be having lunch at Merck Forest, please note that everyone must carry out their own garbage. Please equip your child with a garbage bag to carry trash out.
* If your child's lunch is packed in a paper bag, please provide them with a waterproof bag to put lunches in if you will be out in the field at lunchtime.  Plastic grocery bags work great for this.
* Groups usually elect to have lunch at or near the Sap House, a 1/4 mile walk from the Visitor Center.  Please keep this in mind as lunches will need to be carried to the Sap House.